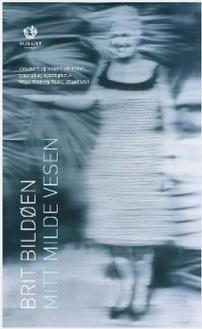


# Stilton Literary Agency



## My gentle self

Original title: Mitt milde vesen  
Publisher: Samlaget 2006  
Fiction / Novel

In an attempt to understand her parents' life, Johanne is forced to dig deeper into the darker layers of her own marriage. Alone in the empty houses and at the former garden centre in Lauvstad she is finally able to confront her own shame, aggression and defiance. Is it possible to go on living together after betrayal and adultery?

In a prose full of rhythm and movements a dark family drama is at play, the setting is a small village in the Western part of Norway. «My gentle self» is a novel about the light in darkness and the demons within us all.

## Brit Bildøen

Brit Bildøen (b. 1962) made her literary debut in 1991. In 1998 she had her literary breakthrough with the novel *Tvillingfeber* (Twin fever). For this she was nominated to the Brage Award for best novel and awarded the Oslo prize and Nynorsk literary Award. For her third novel, *Landfastlykke* (Landlocked), 2001, she was awarded the Melsom Prize and Sigmund Skard-scholarship. Both *Alt som er* (All there is), 2004, and *Mitt milde vesen* (My gentle self), 2006, have been praised by the critics. Her novel, *Seven Days in August* was longlisted for Dublin International Lit. Awards, and won the prestigious P2-lytternes Novel Prize 2014. In August 2020 she was awarded the Amalie Skram Prize. Bildøen has translated several novels and children's books, and is also a children's books author herself. In 2023 she was awarded with the Dobloug prize for her entire authorship.

### Other titles

Yellow Warning ( 2023)  
Across Land and Sea: A year with migratory birds (2020, September)  
Three roads to the sea (2018)  
Seven Days in August (2014)  
Adam Hiort's Journey (2011)  
Literary Salon (2009)  
All there is (2004)  
Landlocked Happiness (2001)  
Twin Fever (1998)