



## The Skin. A Life Story

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The skin is the body's largest organ. It is also one of the most fascinating. It protects us against infections, shapes our identity and gives us sensual stimulations. In *THE SKIN. A LIFE STORY* the well-known dermatologist Jon Anders Halvorsen takes us on an exciting journey through the entire life cycle of the body's largest organ. The story begins with the life of a fetus and then birth and childhood, before Halvorsen guides us through the beauty and acne of youth, the wrinkles of middle-age and the consequences of excessive sunbathing. The story ends with old age and finally the dissection hall.

A blend of popular science, patient journals and practical advice *SKIN*. *A LIFE STORY* resembles in its form other medical best sellers. This is a book for those who are curious about one of our most important organs, and who want to know more about how to keep the skin healthy throughout a long life.

Chapters: 1. The Fetus: The skin begins. 2. Baby Steps: Your skin's first breath. 3. Childhood: The Skin meets the world. 4. The Youth: The glands are around us. 5. Young Adult: The golden age og skin. 6. Maturity: Here come the wrinkles. 7: Middle Age: The sun has burnt its mark. 8: The Third Age: The fall of the skin. 9: Old Age: The final barrier. 10: Death: The last layer.

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