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A Winner's Heart: The Marit Bjørgen Story

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She is the greatest Winter Olympian of all time.

No one has won more than Marit Bjørgen. The country's greatest role model and most popular athlete.

What is it about this humble, seemingly average girl that makes her the toughest athlete in the history of Norwegian cross-country skiing?

A Winner's Heart is Marit Bjørgen's reflection on a life as a cross-country skier. Here we meet the ten-year-old girl who wonders if she can become the best in the world. We follow the young athlete who wins every sprint, until everything changes, and she considers whether she should retire. We gain a unique insight into the transformation that made her into an undisputed champion. And we get to know Marit Bjørgen as she is today. With openness and honesty, she talks about life on the national team, the joy of training, and the values upon which she has built her life. About the journey from being the youngest member to becoming the clear leader of the world's best national team. What thoughts she has had along the way about what has been said and written about her. And what thoughts she has now, in retrospect, about the development of the sport, for both youth and adult athletes.

A Winner's Heart: The Marit Bjørgen Story is written by Ingerid Stenvold, award-winning journalist and news anchor on Dagsrevyen. With her background as a former member of the national team in cross-country skiing and as a sports reporter, she has a unique understanding of the sport – both as it is seen from the inside by the athlete, and from the outside by the public.

Foreign rights

Otava, Finland

Ingerid Stenvold and Marit Bjørgen

Ingerid Stenvold is one of NRK's most popular news anchors.
She has hosted several major broadcasts and is an anchor on the daily news program Dagsrevyen.
With her background as a former member of the national team in crosscountry skiing and as a sports reporter, she has a unique understanding of the sport – both as it is seen from the inside by the athlete, and from the outside by the public.

Marit Bjørgen is a Norwegian crosscountry skier, the most decorated athlete in her sport of all time, regardless of gender, with 41 medals in the Olympics and World Championships. From 2002 to 2018, she won 15 medals in the Olympics and 26 in the World Championships, of which 26 were gold and 17 were in individual events. She has won 18 gold, five silver, and three bronze in the World Championships; eight gold, four silver, and three bronze in the Olympics; the World Cup overall four times; and the Tour de Ski overall. No other athletes have as many World Championship medals in cross-country skiing as Bjørgen, and she is also the most decorated athlete in the Winter Olympics of all time.