

# Stilton Literary Agency



## Knitting for the Outdoors

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Non Fiction / Hobby/Hand craft  
30000 Words

Many of us love to be outdoors, and that is when it's good to have warm and comfortable clothing! Knitting for the outdoors - for all ages is filled with attractive and practical outdoor garments for the entire family. The garments are designed for outdoor use in the mountains, at the seaside and in the forest; inspired by the climate of northern Norway where the author grew up.

In this book you will find patterns for sweaters, cardigans, wool trousers and smaller projects such as headbands, hats, mittens and socks; garments for long treks and short hikes, as well as for grandfather and grandchildren on a walk in the woods. The author, Stine Jordstøyl is a knitwear designer and outdoor enthusiast behind the Instagram profile @northernknitting. She swears by wool, the ultimate material for outdoor clothing that warms even when wet.

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## Stine Jordstøyl

Stine Viberg, born and raised in Troms, has been doing needlework and knitting since the age of eight. In the autumn of 2018, Stine chose to focus on her dream of becoming a knitwear designer. She started her own company and Instagram account called Northern Knitting, and has since published several patterns. The designs are inspired by the northern Norwegian climate and are suitable for all ages - large and small. In addition to her knitting company, Stine also works as a psychiatric nurse, focusing on environmental therapy in outdoor life. Knitting for the outdoors - for all ages is her first book.