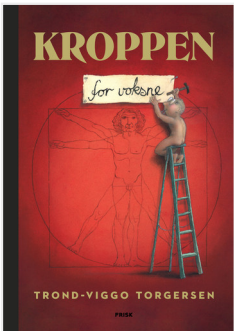


Stilton Literary Agency



The Mature Body

Original title: Kroppen for voksne
Publisher: Frisk Forlag 2021
Narrative Non Fiction / Health
45000 Words
English sample chapters available

Sold more than 60.000 copies in Norway in less than six months.

This book is for grown-ups who want to face the maturing body with a smile and a sense of wonder.

The medical doctor Trond-Viggo Torgersen's personal reflections, combined with a cheerful and insightful writing style, make *The Mature Body* an enjoyable reading experience and a good starting point for making smart decisions about your own health. His goal is to make health experiences and medical knowledge easier to understand, so you can think for yourself and make good choices regarding your health. With a scrutinizing eye for both his own body and the society around him, and with a distinctive style full of warmth and cheeky observations, Torgersen takes us on a journey of curiosity and critical thinking. There is a gold mine to be found between a sincere question and a thoughtful answer!

Trond-Viggo Torgersen

Trond-Viggo Torgersen is a popular doctor, author, television host, artist, and comedian. For decades, he has answered all the questions we have about our bodies, both on TV and in his book *Kroppen* (The Body), which took us on a journey to understand all the strange and wonderful things that go on both inside and outside the human body.