

Stilton Literary Agency



Green dishes

Original title: Den grønne maten
Publisher: Gyldendal Forlag 2017
Non Fiction / Cookbook

Green Dishes is multicultural and addictive. Aicha has collected around fifty small dishes and just as many hearty dinners, all based on vegetables.

It is not difficult to make a complete dinner from vegetables only, but you may need some tips on spices and exciting combinations!

That's what I have collected in this book. I grew up with this food, and I am inspired by the food around the Mediterranean. But you can also easily find all the ingredients in a conventional grocery store.

Aicha Bouhlou

Aicha Bouhlou loves to cook! She was born in Morocco, grew up in Germany and is living Bergen. For large parts of her adult life, she has worked with art communication and has run a gallery in Bergen. In 2012 she closed her art gallery and started with photography and took pictures of the food she cooked every day. The photos were first shared on Instagram, and received an overwhelming response. In December 2015, she started the blog: Aicha's food which eventually led to the publication of her first book called AICHA'S KITCHEN followed by GREEN DISHES and MOSTLY GREEN.

Aicha's food is inspired by her multicultural background and her love for vegetables. Aicha makes simple everyday food with ingredients you can easily get your hands on!

Other titles

Aicha's Mediterranean Cooking. The kitchen of the sun (2023)
Fanciful Salads (2021)
Mostly Green (2019)