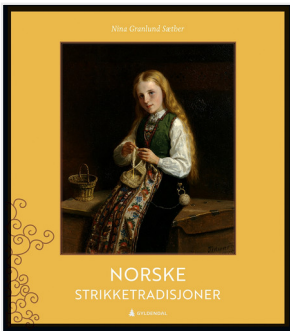


# Stilton Literary Agency



## Norwegian Knitting traditions

Original title: Norske trikketradisjoner  
Publisher: Gyldendal Forlag 2019  
Non Fiction / Hobby/Hand craft

In this book, Nina Granlund Sæther has dived into history in search of clues that can tell how the knitting technique came to Norway, and how it became part of our national history and identity.

The very special thing about the knitting technique is that with the help of one long thread and two simple needles you can conjure up fantastic small and large creations. It is difficult to find much simpler tools than knitting needles; nevertheless, it has been possible to create comfortable and functional garments for both everyday life and parties.

With the help of texts, pictures and textiles, Sæther documents how we have dressed in knitted garments from the inside out for about 400 years. As early as 1865, Eilert Sundt, the father of the Norwegian sociology, pointed out that the technique was useful for the poor and comfortable for the noble, and equally relevant for both young and old.

## Nina Granlund Sæther

Nina Granlund Sæther (b. 1960) learned to knit when she was five years old, and since then she has been passionate about needlework and textiles. She is a graduate of Rogaland District University College and the Norwegian Teacher Training College in shaping Oslo. She has worked as a teacher in high school and as a journalist and editor in Norsk Husflid. Since 2001, she has been the editor of Hus & Bolig. Sæther has written a number of books.