

Stilton Literary Agency



Delicious!

Original title: Nydelig!
Publisher: Cappelen Damm 2022
Non Fiction / Cookbook

***Delicious!* is full of new and exciting flavor combinations and fantastic dishes where meat does not play the main role**

Delicious! is the book for anyone who wants to cook exciting food with vegetables, without necessarily being a vegetarian. Based on ingredients that you are already familiar with, you will soon discover that there is so much good vegetable-based food that you will naturally start eating more vegetables.

. Here you get salads, stews, curries and oven-baked delights that are suitable for both everyday life and parties. The recipes range from new combinations with ingredients you find in the grocery stores, to dishes where exciting ingredients such as harissa, pomegranate syrup and za'atar give you a taste experience that surpasses most.

In the book, Vidar explains with great enthusiasm about how to get the best out of the various, both known and unknown, raw materials and ingredients. If your dish includes meat or fish, he gives you tips on what goes particularly well with the different dishes.

Vidar Bergum is a Norwegian food writer living in Istanbul. On the blog *A Kitchen in Istanbul*, he shares recipes, but also tells you about the history of the dishes and about Istanbul's rich cultural heritage. He has previously published the bestseller books *Hummus & pomegranate* and *Aubergine & Tahini*.

Vidar Bergum

Vidar Bergum is a Norwegian food writer based in Istanbul. His cookbooks have introduced Norwegians to the foods and culinary traditions of Turkey and the Middle East. Vidar regularly appears in Norwegian media as an expert on Turkey as well as Turkish and Middle Eastern cuisine, and also writes the popular blog *A kitchen in Istanbul* in both English as well as Norwegian.

Other titles

Meze-Tempting dishes to share (2025)
Aubergine and Tahini (2020)
Hummus and Pomgranate (2018)