

Stilton Literary Agency



The Super Tasty Cookbook 2

Original title: En skikkelig digg kokebok 2
Publisher: Entusiast Forlag 2020
Non Fiction / Cookbook

Nominated for Cookbook of the Year 2020!

Volume 1 and 2 of *The Super Tasty Cookbook* have sold more than 100.000 copies in Norway all together !

From the bestseller *The Super Tasty Cookbook* comes the sequel with even more meat-free favourites. As many as 300 Norwegian test families have participated in the development of these recipes, with ingredients easy to obtain. All the dishes have a low carbon footprint, but the most importantly the recipes are provide super-tasty, colourful and nutritious meals everyone can enjoy. The book includes 99 recipes, from breakfast and lunch dishes, to weekend treats and sweet delights, focusing on dinner and everyday meals that can be prepared in a short time. The *Super Tasty Cookbook 2* is full of tempting recipes that even ardent meat-lovers will enjoy.

Everyday ingredients are prepared in new and exciting ways, and turned into meals you never knew could taste so good!

Hanne-Lene Dahlgren

Hanne-Lene Dahlgren made her debut as a cookbook author with *The Super Tasty Cookbook*. As a mother of toddlers she focuses on simple, nutritious and tasty meat-free meals, that offer plenty of eating enjoyment and a variety of colour. Her mantra is that any food lover can also love eating meat-free.

Dahlgren is a former Google analyst who became a vegetarian enthusiast, giving up a promising career to focus on sharing her joy of food making . Her goal is a 30 % reduction in meat consumption by 2025. On her super-popular instagram account @hannelenesvegetar, Hanne-Lene shares tips, recipes and inspiration. As a mother of toddlers, she also prepares meals that are suitable for the little ones, and if you or someone in your family is gluten intolerante, she has taken that into consideration as well. All recipes are completely plant-based, but you can of course use dairy products if you wish.

Other titles

The Super Tasty Cookbook 3 (2022)
The Super Tasty Cookbook (2019)