Stilton Literary Agency

Flavours from the World of a Master Chef

Original title: Smaken av Hellstrøms verden
Publisher: J. M. Stenersen Forlag 2024
Non-Fiction / Cookbook
PDF in Norwegain

Winner of the award, Best Norwegian Cookbook of the Year 2024!

Welcome to Master Chef Hellstrøm's world!

With enthusiasm and commitment, Eyvind Hellstrøm takes us to the places, people, food and flavors that he himself is inspired by.

With a great deal of passion and enthusiasm, he conveys a set of delicious recipes for dishes that you can cook yourself in your own kitchen.

"As much a masterpiece for foodies as it is a practical cookbook for unpretentious home cooks. ... Enjoy every page."

– Svein Lindin, Vinofil

"A work of magnificence . . . A book to enjoy on so many levels. This year's winner"

– Tor Hammerø, Nettavisen

"The design is beautiful, the images are amazing, and the recipes are executed with elegance. This time, as well, it is possible for most people to prepare the food in their own kitchen."

– Norli's Cookbook Prize 2024, from the Jury's citation

Eyvind Hellstrøm and Anita Rennan

Eyvind Hellstrøm is an award-winning Norwegian gourmet chef. He was the president of the 2008 Bocuse d'Or Europe, is frequently a judge at the Bocuse d'Or world finals.
He was formerly the part owner of the two-Michelin-starred restaurant Bagatell in Oslo. He is also well known for his several TV shows, including Masterchef and runs the hugely popular Instagram account @hellstroms_verden together with his girlfriend Anita Rennan.

Together the couple has published several very popular, acclaimed and award-winning cookbooks, where Anita Rennan has been responsible for the visuals.

Other titles
Secret Delicacies from the Sea (2022)
A Master Chef's Green Secrets (2021)
A Master Chef's Secrets (2020)