Stilton Literary



Meze-Tempting dishes to share

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How to put together your perfect meze table for friends and family!

In his new book, Meze-Tempting dishes to Share, Vidar Bergum has this time collected over 80 delicious recipes and pictures of carefully selected meze dishes, both cold and hot.

You'll be introduces to recipes for juicy breads, tasty dips, colorful salads and delicious meat dishes.

You also get the recipes for some sweet small dishes that are perfect for wrapping up the meal, as well as drinks that match the food.

In a separate chapter, you get tips, advice and menu suggestions so that you can easily combine different dishes and put together your perfect meze table for friends and family!

Bergum, has lived in Turkey for the past ten years and in the book we also get to go on a journey to southeast Turkey, a place he travels annually to visit friends - to the region where you will find the best ingredients and a fantastic history. In 2023, the area was unfortunately hit very hard by earthquakes, and the inhabitants there had their lives turned upside down.

Vidar Bergum

Vidar Bergum is a Norwegian food writer based in Istanbul, His cookbooks have introduced Norwegians to the foods and culinary traditions of Turkey and the Middle East. Vidar regularly appears in Norwegian media as an expert on Turkey as well as Turkish and Middle Eastern cuisine, and also writes the popular blog A kitchen in Istanbul in both English as well as Norwegian.

Other titles

Delicious! (2022) Aubergine and Tahini (2020) Hummus and Pomgranate (2018)