Stilton Literary Agency

Seven Days in August

Original title: Sju dagar i august
Publisher: Samlaget 2014
Fiction / Novel
52000 Words
Full English translation available

Selected title by NORLA - extensive translation grants available.

In the course of seven days in August, Sofie and Otto Krohg-Iversen, a married couple, experience a series of trivial mishaps. Each of these incidents in itself is not so serious, but they reveal large and small cracks both in their marriage and the community around them. Is everything falling apart? Or are these mishaps reminders of a greater catastrophe in life?

The novel is set several years into the future. Eight years have passed since the terrorist attack, a cataclysm that had hit Sofie and Otto badly. At that time they had devised a plan for survival, strategies that have kept them and their relationship going until this week in August. But for how long can the grief process be a joint effort? Is sorrow something that can be shared for only a short period, and thereafter something you have to live alone with?

While rainstorms ravage Oslo and conflicts at work accumulate, it becomes clear to Sofie and Otto that their life strategies will have to be re-evaluated and the important questions can no longer be avoided.

Foreign rights
"Seagull Books":http://seagullindia.com, World English
Beijing Xiron Books, Simplified Chinese

«Bildøen writes movingly about grief when life is on hold.»

Bergens Tidende

Brit Bildøen

Brit Bildøen (b. 1962) made her literary debut in 1991. In 1998 she had her literary breakthrough with the novel *Tvillingfeber* (Twin fever). For this she was nominated to the Brage Award for best novel and awarded the Oslo prize and Nynorsk literary Award. For her third novel, *Landfastlykke* (Landlocked), 2001, she was awarded the Melsom Prize and Sigmund Skard-scholarship. Both *Alt som er* (All there is), 2004, and *Mitt milde vesen* (My gentle self), 2006, have been praised by the critics. Her novel, *Seven Days in August* was longlisted for Dublin International Lit. Awards, and won the prestigious P2-lytternes Novel Prize 2014. In August 2020 she was awarded the Amalie Skram Prize. In 2023 she was awarded with the Dobloug prize for her entire authorship.

Other titles
Poor Visibility (2025)
Yellow Warning (2023)
Across Land and Sea: A year with migratory birds (2020, September)
Three roads to the sea (2018)
Adam Hiort's Journey (2011)